# **Client report**

Record created: 13/06/2025 20:12 Client Name: Philine Sillah

Appointment: 13/06/2025 17:30 Animal: William

Breed: Spanish Sex: Gelding

Colour: Grey Height:

Age: 24

# **Present Complaint**

Has noticed that saddle has been slipping back when riding. Previously hasn't had this problem. Bought from trekking centre approx. 5 years ago. Has always had a dipped back. No known history of lameness or clinical illness. Does scratch mane and tail in the summer. Thyroid issue with growth under left mandible. Doesn't obstruct airways or cause issues swallowing. Has grown from approx. The size of a ping pong ball to slightly bigger than a tennis ball since she got him (slow growth).

# **Medical History**

No known previous medical issues.

#### **Accidents/Traumas**

N/A

## **Palpation Assessment**

Cervical restrictions in neck, C4-C5 right side-bending restriction, C2-C3 left side-bending restriction. Bilateral muscular tension medial to scapula with tension in subclavian and omotransverso muscles. Lordosis in thoracolumbar vertebrae with weakness in abdominals and atrophy of longissimus dorsi, iliocostalis and multifidus muscles. Weakness in sacro-sciaitic ligaments in pelvis. Pronounced tuber sacrale. Caudal ribs held in inspiration. Suspected degenerative boby changes in distal joints of all four limbs.

## **Dynamic Assessment**

Hikes left hip less during stance phase, more noticeable in trot than walk.

#### **Treatment**

Manual adjustments to cervicales. Bilateral reflex technique to lumbar area. Massage, myofascial unwinding techniques both superficial and deep. Rib mobilisations. Oscillations of the spine. Bilateral ligamentous balancing techniques. Abdominal lifts.

## Recommendations

Abdominal lifts 10x every day, long and low carrot stretches 3/4 x per week, 3 x per side. Adjust

saddle pad to creat more lift behind (as discussed). Follow up session in 1 month.

## **Photos**





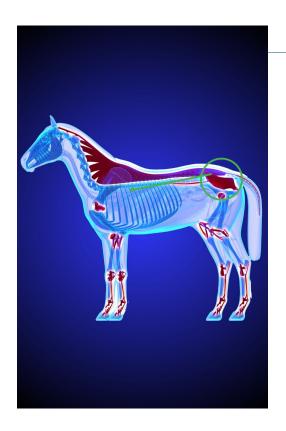
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# **Documents**

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